

## **BURRITO CASSEROLE**

1 large can of refried beans  
3 small cans of tomato sauce  
add 1 ½ tsp. Cumin, 1 tsp. Onion powder to the tomato sauce  
1 package of corn tortillas  
Cheese sauce ( see below for recipe\*)

### **ANOTHER VARIATION**

1 large can of chili beans  
med. Sized jar of chunky salsa  
tortilla chips ( great way to use up left over chips as well as Fritos )  
Grated Mixture of cheddar, Monterey jack, mozzarella cheeses

Spray 9x13 pan, put some sauce on the bottom of the pan.  
Next put a layer of tortillas, cover the whole bottom of pan by tearing the pieces to fit.  
Spread layer of beans, then sauce, and next cheese or cheese sauce.  
Repeat so there are 3 layers.

Bake at 350 for 45 min.

### **CHEESE SAUCE**

2 c. water  
4 oz. Pimentos  
1 ½ onion powder  
½ tsp. Garlic powder  
1 1/2 tsp. Salt  
¼ c. raw cashews  
¼ c. yeast flakes  
3 T. cornstarch  
Blend until smooth & cook until thick. Stir during cooking.